

Rays of SonShine

A Newsletter for the Senior Adults of
Mount Zion Baptist Church

March, 2008

Issue No. 9

Things Your Spouse Didn't Tell You

(From the Senior Adult Ministries Newsletter/Practical Living)

When emergencies arise or when a spouse is suddenly taken, the remaining person often has dozens of unanswered questions. For this reason the Information Directory is a valuable asset for everyone.

FOR MEN

- What medications do you take on a regular basis?
- Where do you keep the address book and current telephone numbers?
- Are you signed up as an organ donor?
- Do we have subscriptions which need to be canceled or renewed?

FOR WOMEN

- How do I balance a checkbook?
- How often does the oil need to be changed in the car?
- Do we have life insurance?
- Is our house paid for?
- Do we have some type of retirement plan?
- Where is the deed to the house and the titles to the cars?
- Where are our birth certificates?



Profiles Senior Adult of Faith

Charles and Mary Dean Borum are both long time members of Mt. Zion Baptist Church and are very active in our senior adult ministry. They spend most of their time at their home, Stoney Pointe, on Smith Lake. They both were blessed with long marriages to wonderful spouses and God led them together after Doris and Calvin went home to be with the Lord.

Charlie has 2 sons, Barry and Chuck, and one daughter, Beverly. He was born September 21, 1929. He worked as an engineer after many years in the army. He loves fishing at Smith Lake and is enjoying his retirement. His favorite foods are seafood and BBQ. He has served for many years as a deacon at Mt. Zion and on the Long Range Planning Committee. He has served the last two years as a church representative working with the company that is building our new sanctuary and preschool education building.

Dean has 2 sons, Jerry Bailey and Randy Bailey and 2 daughters, Denice Miller and Terrilyn Hay and 8 grandchildren and 12 great grandchildren. She was born January 1, 1929. She has been a homemaker and loves sewing, traveling, and yard work. Her favorite foods are shrimp, BBQ, and fried okra. She has taught 5 year olds in Sunday School and worked with GA mission groups.

Calendar of Coming Events

Mar. 13-14 – Cumberland County Playhouse, Crossville, TN

(No senior adult activities at the church on March 13)

Mar. 20, 27, April 3, 10 – 9:30 am Bible Study

Mar. 20, April 3, 10 – 10:30 am SonShine Singers

Mar. 27 – 10:30 am SonShine Club Meeting

April 14-16 – Senior Adult Retreat, Shocco



Sue's Recipe of the Month

Hot Spinach Mini-Souffles

Submitted by Jean Lemley

4 - 10 oz. pkg. chopped frozen spinach
(thaw, drain, and squeeze dry)

Add following ingredients to spinach:

4 cups (8 oz. pkg.) herb stuffing

2 large onions, diced

8 eggs

1 cup Parmesan cheese

1½ cups (3 sticks) butter, melted

1 tbsp. thyme

2 cloves garlic, minced

Salt and pepper to taste. Mix well and chill at least 2 hours. Roll into walnut size balls. Freeze or refrigerate until ready to use. Bake 30 minutes at 300°. Makes 50-75 balls.

If you would like to submit a recipe for this section of the monthly newsletter please give a copy of the recipe to Ernest or Sue.



Retarded Grandparents

After Christmas, a teacher asked her young pupils how they spent their holiday away from school. One child wrote the following.

We always used to spend the holidays with Grandma and Grandpa. They used to live in a big brick house but Grandpa got retarded and they moved to Florida. Now they live in a tin box and have rocks painted green to look like grass. They ride around on their bicycles and wear name tags because they don't know who they are anymore.

They go to a building called a wreck center, but they must have got it fixed because it is all okay now. They do exercises there, but they don't do them very well. There is a swimming pool too, but they all jump in it with hats on.

At their gate, there is a doll house with a little old man sitting in it. He watches all day so nobody can escape. Sometimes they sneak out and go cruising in their golf carts. Nobody there cooks, they just eat out. And, they eat the same thing every night - early birds. Some of the people can't get out past the man in the doll house. The ones who do get out, bring food back to the wrecked center for pot luck.

My Grandma says that Grandpa worked all his life to earn his retardment and says I should work hard so I can be retarded someday too.

When I earn my retardment, I want to be the man in the doll house. Then I will let people out, so they can visit their grandchildren.

April Birthdays

Dottie Redmond, April 2

Shirley Rayburn, April 4

Mary Ann Ramsey, April 7

Walt Gray, April 8

Abby Alexander, April 9

Betty Ziemke, April 10

Faye Pettus, April 11

Dick Kennedy, April 13

Jim Hamner, April 16

Lois Foster, April 18

Buster Douthit, April 19

Bettye McCrary, April 20

Peggy Phillips, April 20

John Reynolds, April 23

R. E. Vaughn, Jr., April 23

Richard Wurtz, April 23

Dee Johnson, April 28

Janet Shields, April 28

Barbara Vandiver, April 30

(Left out last month)

Mildred Roper, March 22

Joke of the Month

(Received this from Zane Slocumb)

What is a grandparent?

*(taken from papers written by a class of
8 year olds)*

Everybody should try to have a grandmother, especially if you don't have television, because they are the only grown ups who like to spend time with us.

They know we should have snack-time before bedtime and they say prayers with us every time, and kiss us even when we've acted bad.

A 6 year old was asked where his grandma lived, "Oh," he said, "she lives at the airport, and when we want her we just go get her. Then when we're done having her visit, we take her back to the airport."